

## **A Note About Confidentiality with Minors**

It is important to note that you, \_\_\_\_\_, are the client and not your parent or guardian. That means I will respect your privacy and keep information shared in session as confidential. However, if I feel there is an issue that may relate to your safety, I may need to discuss that issue with your parent/guardian. *This is in addition to and potentially outside of the issues already listed above*

There are also times when it is helpful to involve parents/guardians in various ways. This may include things like updates or discussion before or after our session, joint sessions where we all meet together, or phone calls. We will all discuss this together if any of these seem beneficial.

In most circumstances, it is not my practice to keep phone calls or other communication from parents/guardians secret from my clients. If your parent/guardian raises concerns outside of our meeting together, I will discuss with them the best way to address this with you. I encourage all of us to keep communication as open as possible.

As noted in the section, Medical Records and Your Right to Review Them, I keep notes about our sessions together. In some circumstances, you have the right to determine whether or not your parents/guardians may view these records. If there is a request to release or view any of your records I will discuss this further with yourself and your parent/guardian to determine the appropriate action.